

Whole School PSHE Overview

Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Health and Wellbeing > Growing and Changing Growing and changing in nature When I was a baby Girls, boys and families Me and My Relationships > All about me Marvellous me! I'm special Me and My Relationships > My Special People People who are special to me Valuing Difference > Same and Different Me and my	Me and My Relationships > All about me All about me What makes me special Me and My Relationships > My Special People Me and my special people Who can help me? Me and My Relationships > My Feelings My feelings My feelings (2) Valuing Difference > Same and Different I'm special, you're special Same and	Health and Wellbeing > Healthy Lifestyles Eat well Our feelings Harold's wash and brush up Catch it! Bin it! Kill it! I can eat a rainbow Healthy me Super sleep Health and Wellbeing > Keeping Safe Harold loses Geoffrey Who can help? (1) Harold's school rules What could	Health and Wellbeing > Healthy Lifestyles My day Harold's bathroom Harold's postcard - helping us to keep clean and healthy My body needs... What does my body do? Health and Wellbeing > Keeping Safe How safe would you feel? What should Harold say? Harold's picnic Respecting	Health and Wellbeing > Healthy Lifestyles Derek cooks dinner! (healthy eating) Poorly Harold Body team work Health and Wellbeing > Keeping Safe The Risk Robot Safe or unsafe? Helping each other to stay safe Getting on with your nerves! Alcohol and cigarettes: the facts Help or harm? None of your	Health and Wellbeing > Healthy Lifestyles Making choices SCARF Hotel Health and Wellbeing > Keeping Safe Danger, risk or hazard? Who helps us stay healthy and safe? Picture Wise Keeping ourselves safe Know the norms Medicines: check the label When feelings change Under pressure Raisin	Health and Wellbeing > Healthy Lifestyles Smoking: what is normal? Getting fit It all adds up! Health and Wellbeing > Keeping Safe 'Thinking' about habits Jay's dilemma Independence and responsibility Spot bullying Communication Our emotional needs Would you risk it? Being assertive	Health and Wellbeing > Healthy Lifestyles Five Ways to Wellbeing project I look great! We have more in common than not What is HIV? Health and Wellbeing > Keeping Safe It's a puzzle Rat Park What sort of drug is...? Think before you click! Traffic lights What's the risk? (1)

<p>friends</p> <p>Valuing Difference > Different Families and Homes Friends and family</p> <p>Valuing Difference > Kindness and Caring Including everyone</p> <p>Keeping Myself Safe > Keeping my Body Safe Safety Indoors and Outdoors</p> <p>What's safe to go into my body</p> <p>Keeping Myself Safe > People who Help Keep me Safe People who help to keep me safe (N)</p> <p>Rights & Responsibilities > Looking after Myself and my Friends Looking after</p>	<p>different</p> <p>Valuing Difference > Different Families and Homes Same and different families</p> <p>Same and different homes</p> <p>Valuing Difference > Kindness and Caring I am caring (formerly Kind and caring -1)</p> <p>Kind and caring (2)</p> <p>Keeping Myself Safe > Keeping my Body Safe What's safe to go onto my body</p> <p>Keeping Myself Safe - What's safe to go into my body (including medicines)</p> <p>Safe indoors</p>	<p>Harold do?</p> <p>Health and Wellbeing > Growing and Changing Harold learns to ride his bike</p> <p>Then and now</p> <p>Inside my wonderful body!</p> <p>Keeping privates private</p> <p>Taking care of a baby</p> <p>Relationships > Healthy Relationships Surprises and secrets</p> <p>Good or bad touches?</p> <p>Unkind, tease or bully?</p> <p>Who can help? (2)</p> <p>How are you listening?</p> <p>Pass on the praise!</p>	<p>privacy</p> <p>Health and Wellbeing > Growing and Changing You can do it!</p> <p>Sam moves away</p> <p>Haven't you grown!</p> <p>My body, your body</p> <p>Relationships > Healthy Relationships Should I tell?</p> <p>Solve the problem</p> <p>A helping hand</p> <p>I don't like that!</p> <p>Bullying or teasing?</p> <p>Don't do that!</p> <p>Types of bullying</p> <p>Some secrets should never be kept</p>	<p>business!</p> <p>Raisin challenge (1)</p> <p>Health and Wellbeing > Growing and Changing My special pet</p> <p>Top talents</p> <p>I am fantastic!</p> <p>My changing body</p> <p>Relationships > Healthy Relationships Tangram team challenge</p> <p>Looking after our special people</p> <p>Danger or risk?</p> <p>Body space</p> <p>How can we solve this problem?</p> <p>Friends are special</p> <p>Zeb</p>	<p>challenge (2)</p> <p>Health and Wellbeing > Growing and Changing An email from Harold!</p> <p>Moving house</p> <p>My feelings are all over the place!</p> <p>All change!</p> <p>Preparing for changes at puberty (formerly Period positive/preparing for periods)</p> <p>Relationships > Healthy Relationships Ok or not ok? (part 2)</p> <p>Ok or not ok? (part 1)</p> <p>Islands</p> <p>Human machines</p> <p>Can you sort it?</p>	<p>Drugs: true or false?</p> <p>Decision dilemmas</p> <p>Play, like, share</p> <p>Health and Wellbeing > Growing and Changing Different skills</p> <p>How are they feeling?</p> <p>Growing up and changing bodies</p> <p>Star qualities?</p> <p>Dear Hetty</p> <p>Changing bodies and feelings</p> <p>Help! I'm a teenager - get me out of here!</p> <p>Relationships > Healthy Relationships It could happen to anyone</p> <p>Taking notice of our feelings</p>	<p>Drugs: it's the law!</p> <p>Alcohol: what is normal?</p> <p>Joe's story (part 1)</p> <p>Joe's story (part 2)</p> <p>What's the risk? (2)</p> <p>To share or not to share?</p> <p>Pressure online</p> <p>Health and Wellbeing > Growing and Changing Is this normal?</p> <p>Helpful or unhelpful? Managing change</p> <p>Boys will be boys? - challenging gender stereotypes</p> <p>This will be your life!</p>
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<p>myself</p> <p>Looking after others</p> <p>Rights & Responsibilities > Caring for my Environment Looking after my environment</p> <p>Being my Best > Bouncing Back (growth mindset) I can keep trying</p> <p>I can do it!</p> <p>Being my Best > Exercise and Sleep What does my body need?</p>	<p>and outdoors</p> <p>Keeping Myself Safe > Listening to my Feelings Listening to my feelings</p> <p>Keeping Myself Safe > People who Help Keep me Safe Keeping safe online</p> <p>People who help to keep me safe</p> <p>Rights & Responsibilities > Looking after Myself and my Friends Looking after my special people</p> <p>Looking after my friends</p> <p>Rights & Responsibilities > Caring for my Environment Being helpful at home and caring for our classroom</p>	<p>Sharing pictures</p> <p>Relationships > Feelings and Emotions Thinking about feelings</p> <p>Harold has a bad day</p> <p>Who are our special people?</p> <p>Feelings and bodies</p> <p>Relationships > Valuing Difference It's not fair!</p> <p>Good friends</p> <p>Same or different?</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Why we have classroom rules</p> <p>Taking care of something</p> <p>Our special people balloons</p>	<p>Feeling safe</p> <p>Playing games</p> <p>Relationships > Feelings and Emotions How are you feeling today?</p> <p>How do we make others feel?</p> <p>My special people</p> <p>Being a good friend</p> <p>Let's all be happy!</p> <p>Fun or not?</p> <p>Relationships > Valuing Difference An act of kindness</p> <p>What makes us who we are?</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Our ideal</p>	<p>Relationship Tree</p> <p>Relationships > Feelings and Emotions Secret or surprise?</p> <p>Dan's dare</p> <p>Relationships > Valuing Difference Family and friends</p> <p>Respect and challenge</p> <p>Let's celebrate our differences</p> <p>Living in the Wider World > Rules, Rights and Responsibilities As a rule</p> <p>Our friends and neighbours</p> <p>For or against?</p> <p>Thanks</p> <p>Recount task</p> <p>Super Searcher</p>	<p>Together</p> <p>Relationships > Feelings and Emotions Different feelings</p> <p>Secret or surprise?</p> <p>How dare you!</p> <p>Relationships > Valuing Difference Friend or acquaintance?</p> <p>What would I do?</p> <p>What makes me ME!</p> <p>Living in the Wider World > Rules, Rights and Responsibilities How do we make a difference?</p> <p>In the news!</p> <p>The people we share our world with</p>	<p>Collaboration Challenge!</p> <p>Give and take</p> <p>Relationship cake recipe</p> <p>Stop, start, stereotypes</p> <p>Relationships > Feelings and Emotions How good a friend are you?</p> <p>Dear Ash</p> <p>Ella's diary dilemma</p> <p>Is it true?</p> <p>Relationships > Valuing Difference Qualities of friendship</p> <p>Kind conversations</p> <p>Happy being me</p> <p>Living in the Wider World > Rules, Rights and Responsibilities</p>	<p>Media manipulation</p> <p>Making babies</p> <p>Relationships > Healthy Relationships Solve the friendship problem</p> <p>Working together</p> <p>Let's negotiate</p> <p>Behave yourself</p> <p>Assertiveness skills (formerly Behave yourself - 2)</p> <p>Don't force me</p> <p>Acting appropriately</p> <p>Relationships > Feelings and Emotions Dear Ash</p> <p>Dan's day</p> <p>Relationships > Valuing Difference Advertising</p>
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	<p>Caring for our world</p> <p>Rights & Responsibilities > Looking after Money Looking after money (1): recognising, spending, using</p> <p>Looking after money (2): saving money and keeping it safe</p> <p>Being my Best > Bouncing Back (growth mindset) Bouncing back when things go wrong</p> <p>Yes, I can!</p> <p>Being my Best > Healthy eating Healthy eating (1)</p> <p>Healthy eating (2)</p> <p>Being my Best > Exercise and Sleep</p>	<p>Basic first aid</p> <p>Living in the Wider World > Caring for the Environment Around and about the school</p> <p>Living in the Wider World > Money Harold's money</p> <p>How should we look after our money?</p>	<p>classroom (1)</p> <p>Our ideal classroom (2)</p> <p>When I feel like erupting</p> <p>When someone is feeling left out</p> <p>Getting on with others</p> <p>Basic first aid</p> <p>Living in the Wider World > Caring for the Environment How can we look after our environment?</p> <p>Living in the Wider World > Money Harold saves for something special</p> <p>Harold goes camping</p>	<p>Basic first aid</p> <p>Living in the Wider World > Caring for the Environment Let's have a tidy up!</p> <p>My community</p> <p>Our helpful volunteers</p> <p>Harold's environment project</p> <p>Living in the Wider World > Money Can Harold afford it?</p> <p>Earning money</p>	<p>Safety in numbers</p> <p>That is such a stereotype!</p> <p>It's your right</p> <p>Basic first aid</p> <p>Living in the Wider World > Caring for the Environment Logo quiz</p> <p>Volunteering is cool</p> <p>My school community (1)</p> <p>Harold's Seven Rs</p> <p>Living in the Wider World > Money Harold's expenses</p> <p>Why pay taxes?</p>	<p>Local councils</p> <p>What's the story?</p> <p>Fact or opinion?</p> <p>The land of the Red People</p> <p>Basic first aid, including Sepsis Awareness</p> <p>Living in the Wider World > Caring for the Environment Rights, responsibilities and duties</p> <p>My school community (2)</p> <p>Mo makes a difference</p> <p>Living in the Wider World > Money Spending wisely</p> <p>Lend us a fiver!</p> <p>Boys will be boys? - challenging work-place gender</p>	<p>friendships!</p> <p>Respecting differences</p> <p>OK to be different</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Captain Coram 1 - Gin Lane: children's rights in the 18th century</p> <p>Captain Coram 2 - Thomas Coram and the Foundling Hospital</p> <p>Captain Coram 3 - Funds for Foundlings: 18th century artists raise money for the 1st children's charity</p> <p>Captain Coram 4 - Hetty Feather, fictional</p>
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	<p>Move your body</p> <p>A good night's sleep</p> <p>Growing & Changing > Changes</p> <p>Seasons</p> <p>Life stages - plants, animals, humans</p> <p>Growing & Changing > Life Stages</p> <p>Life Stages: Human life stage - who will I be?</p> <p>Where do babies come from?</p> <p>Growing & Changing > Changing bodies</p> <p>Getting bigger</p> <p>Me and my body - girls and boys</p>					<p>stereotypes</p>	<p>foundling: children's rights in the 19th century</p> <p>Captain Coram 5 - Life for Foundlings in the 20th century</p> <p>Captain Coram 6 - Coram today: children's rights in the 21st century</p> <p>Our recommendations</p> <p>Two sides to every story</p> <p>Fakebook friends</p> <p>Tolerance and respect for others</p> <p>Democracy in Britain 1 - Elections</p> <p>Democracy in Britain 2 - How (most) laws are made</p>
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